

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/03/2023															
* MS lunch	Total														
*Pizza, Domino's Ch & Pepp	1 Each	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
Chicken, Nuggets (SEC)	Serving (7 Ea)	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
Chip, Variety	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$\$^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		670	50	1028	7.16	*3.42	*686.0	*2839	*50.93	*37	34.09	92.60	19.75	5.27	*0.00
% of Calories										*22.3%	20.3%	55.3%	26.5%	7.1%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/04/2023															
* MS lunch	Total														
Sandwich, Meatball (SEC)	1 each	514	60	654	5.33	*3.45	*261.4	*346	*6.14	4	22.63	39.61	29.65	13.06	0.00
*Sandwich, Grilled Cheese Sec.	Sandwich	390	45	1010	4.00	2.16	680.0	900	0.0	*9	27.0	42.0	14.0	7.50	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$\$^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		700	64	1126	7.98	*3.46	*834.0	*2920	*49.55	*40	37.02	88.62	23.71	10.17	*0.00
% of Calories										*22.9%	21.1%	50.6%	30.5%	13.1%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/05/2023															
* MS lunch	Total														
*Chimichanga, Beef & Cheese	1 Each	380	42	472	6.00	3.20	253.0	700	5.0	2	24.0	43.0	12.5	4.00	0.00
Sandwich, Turkey	Sandwich	275	56	832	1.81	1.86	67.7	82	0.4	*3	24.66	32.93	5.67	2.05	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Chip, Variety	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Weighted Daily Average		711	60	1037	9.21	*3.49	*550.2	*2736	*50.18	*37	38.16	105.03	16.67	4.21	*0.00
% of Calories										*21.1%	21.5%	59.1%	21.1%	5.3%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Thu - 04/06/2023															
* MS lunch	Total														
*Pizza, Domino's Ch & Pepp	1 Each	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
Sandwich, Rib BBQ (SEC)	1 EACH	360	42	682	6.11	2.96	78.8	304	6.09	*5	17.33	48.3	13.29	3.74	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	1 ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Cookie, Choc Chip, 1.3 Oz IW	1 Each	140	0	100	2.00	1.08	20.0	0	0.0	12	2.0	26.0	4.0	1.50	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		709	42	1031	9.68	*4.37	*714.0	*2872	*52.52	*48	34.16	110.46	17.14	5.77	*0.00
% of Calories										*26.8%	19.3%	62.4%	21.8%	7.3%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/07/2023															
* MS lunch	Total														
*Cheeseburger, Bacon Ranch	Cheeseburger	501	83	1467	3.50	3.40	165.3	554	13.32	*9	30.83	42.36	23.58	7.28	*0.00
*Hot Dog, Secondary	1 Each	273	20	714	2.04	2.19	40.8	100	6.12	4	12.1	28.55	13.04	4.00	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
Fruit, Fresh (.5 c serv)	.5 Cups	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, Non Fat	8 oz	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Condiment Variety@\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Chip, Variety	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Weighted Daily Average		728	60	1437	6.50	*3.50	*504.9	*2677	*32.87	*35	35.46	93.79	24.46	6.37	*0.00
% of Calories										*19.0%	19.5%	51.5%	30.2%	7.9%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/10/2023															
* MS lunch	Total														
Nachos w/meat&Chips(SEC)	servings	459	24	614	6.92	1.36	63.4	50	0.6	2	14.3	51.4	19.6	2.50	0.54
*Pizza, Domino's Ch & Pepp	1 Each	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
Fruit, Fresh (.5 c serv)	.5 Cups	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average		642	37	944	8.09	*3.01	*693.6	*2826	*33.99	*32	32.83	89.98	16.89	4.44	*0.21
% of Calories										*20.1%	20.5%	56.1%	23.7%	6.2%	*0.3%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/11/2023															
* MS lunch	Total														
Sandwich, Spicy Chic (SEC)	Sandwich	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00
Burrito, Ultra Bean & Cheese	1 Each	363	16	528	4.40	2.97	110.0	0	0.0	1	16.5	46.2	12.1	4.40	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
Fruit, Fresh (.5 c serv)	.5 Cups	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Chip, Variety	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		724	37	986	9.17	*4.13	*396.8	*2618	*40.09	*29	32.23	99.79	22.39	4.31	*0.00
% of Calories										*16.3%	17.8%	55.1%	27.8%	5.3%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Wed - 04/12/2023															
* MS lunch	Total														
*DoubleDouble Burger	1 Each	452	97	824	3.89	1.48	241.0	359	8.98	*6	31.9	35.69	20.5	7.98	0.00
*Hot Dog, Secondary	1 Each	273	20	714	2.04	2.19	40.8	100	6.12	4	12.1	28.55	13.04	4.00	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		625	73	1022	6.61	*2.56	*526.3	*2537	*54.03	*38	35.26	79.90	19.70	6.79	*0.00
% of Calories										*24.4%	22.6%	51.1%	28.4%	9.8%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Thu - 04/13/2023															
* MS lunch	Total														
*Pizza, Domino's Ch & Pepp	1 Each	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
Sandwich, Spicy Chic (SEC)	Sandwich	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	1 ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Chip, Variety	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		707	36	1059	9.14	*3.76	*745.5	*2978	*54.32	*39	35.31	104.80	17.48	4.60	*0.00
% of Calories										*22.2%	20.0%	59.3%	22.3%	5.9%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Fri - 04/14/2023															
* MS lunch	Total														
*Chicken, Spicy Popcorn	1 Each	280	40	820	2.00	1.80	0.0	0	0.0	1	15.0	15.0	17.0	3.00	0.00
*Sandwich, Grilled Cheese Sec.	Sandwich	390	45	1010	4.00	2.16	680.0	900	0.0	*9	27.0	42.0	14.0	7.50	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
Chip, Variety	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		686	55	1274	7.61	*2.89	*599.4	*2631	*47.45	*39	33.09	89.81	22.52	5.41	*0.00
% of Calories										*22.6%	19.3%	52.4%	29.6%	7.1%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Mon - 04/17/2023															
* MS lunch	Total														
*Pizza, Domino's Ch & Pepp	1 Each	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
Chicken, Nuggets (SEC)	Serving (7 Ea)	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
Chip, Variety	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		670	50	1028	7.16	*3.42	*686.0	*2839	*50.93	*37	34.09	92.60	19.75	5.27	*0.00
% of Calories										*22.3%	20.3%	55.3%	26.5%	7.1%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/18/2023															
* MS lunch	Total														
Sandwich, Meatball (SEC)	1 each	514	60	654	5.33	*3.45	*261.4	*346	*6.14	4	22.63	39.61	29.65	13.06	0.00
*Burrito, Xtreme Bean & Cheese	1 Each	291	15	479	7.96	3.60	150.0	295	1.2	1	15.6	40.95	8.29	3.62	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Chip, Variety	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		718	49	940	10.87	*4.29	*573.0	*2637	*50.39	*37	32.33	99.05	23.04	8.34	*0.00
% of Calories										*20.7%	18.0%	55.2%	28.9%	10.5%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/19/2023															
* MS lunch	Total														
*Tater Tots and Chili	7.5 oz.	388	90	997	1.71	1.75	240.0	300	7.87	2	27.71	23.22	19.98	8.35	0.00
*Sandwich, Grilled Cheese Sec.	Sandwich	390	45	1010	4.00	2.16	680.0	900	0.0	*9	27.0	42.0	14.0	7.50	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Chip, Variety	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Weighted Daily Average		761	79	1371	7.94	*2.89	*788.6	*2864	*51.46	*40	40.95	98.77	23.74	8.57	*0.00
% of Calories										*20.9%	21.5%	51.9%	28.1%	10.1%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/20/2023															
* MS lunch	Total														
*Pizza, Domino's Ch & Pepp	1 Each	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
Sandwich, Rib BBQ (SEC)	1 EACH	360	42	682	6.11	2.96	78.8	304	6.09	*5	17.33	48.3	13.29	3.74	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	1 ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Cookie, Choc Chip, 1.3 Oz IW	1 Each	140	0	100	2.00	1.08	20.0	0	0.0	12	2.0	26.0	4.0	1.50	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		709	42	1031	9.68	*4.37	*714.0	*2872	*52.52	*48	34.16	110.46	17.14	5.77	*0.00
% of Calories										*26.8%	19.3%	62.4%	21.8%	7.3%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/21/2023															
* MS lunch	Total														
*Cheeseburger, Bacon Ranch	Cheeseburger	501	83	1467	3.50	3.40	165.3	554	13.32	*9	30.83	42.36	23.58	7.28	*0.00
Sandwich, PBJ (premade)	Servings	300	0	280	4.00	1.44	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
Fruit, Fresh (.5 c serv)	.5 Cups	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, Non Fat	8 oz	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Condiment Variety@\$\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		681	74	1432	5.70	*3.51	*578.9	*2758	*33.37	*37	38.63	78.90	24.49	6.96	*0.00
% of Calories										*21.5%	22.7%	46.4%	32.4%	9.2%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/24/2023															
* MS lunch	Total														
Nachos w/meat&Chips(SEC)	servings	459	24	614	6.92	1.36	63.4	50	0.6	2	14.3	51.4	19.6	2.50	0.54
*Pizza, Domino's Ch & Pepp	1 Each	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
Fruit, Fresh (.5 c serv)	.5 Cups	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Chip, Variety	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average		683	34	1005	8.46	*3.17	*734.4	*2921	*34.83	*34	33.64	100.03	17.09	4.48	*0.11
% of Calories										*19.6%	19.7%	58.6%	22.5%	5.9%	*0.1%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Tue - 04/25/2023															
* MS lunch	Total														
*DoubleDouble Burger	1 Each	452	97	824	3.89	1.48	241.0	359	8.98	*6	31.9	35.69	20.5	7.98	0.00
Sandwich, PBJ (premade)	Servings	300	0	280	4.00	1.44	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		636	65	848	7.39	*2.26	*613.9	*2497	*51.58	*42	34.02	81.28	21.28	6.39	*0.00
% of Calories										*26.5%	21.4%	51.1%	30.1%	9.0%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Wed - 04/26/2023															
* MS lunch	Total														
*DoubleDouble Burger	1 Each	452	97	824	3.89	1.48	241.0	359	8.98	*6	31.9	35.69	20.5	7.98	0.00
Sandwich, PBJ (premade)	Servings	300	0	280	4.00	1.44	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		636	65	848	7.39	*2.26	*613.9	*2497	*51.58	*42	34.02	81.28	21.28	6.39	*0.00
% of Calories										*26.5%	21.4%	51.1%	30.1%	9.0%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Thu - 04/27/2023															
* MS lunch	Total														
*Pizza, Domino's Ch & Pepp	1 Each	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
Sandwich, Spicy Chic (SEC)	Sandwich	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	1 ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Chip, Variety	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		707	36	1059	9.14	*3.76	*745.5	*2978	*54.32	*39	35.31	104.80	17.48	4.60	*0.00
% of Calories										*22.2%	20.0%	59.3%	22.3%	5.9%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Fri - 04/28/2023															
* MS lunch	Total														
*Chicken, Spicy Popcorn	1 Each	280	40	820	2.00	1.80	0.0	0	0.0	1	15.0	15.0	17.0	3.00	0.00
*Sandwich, Grilled Cheese Sec.	Sandwich	390	45	1010	4.00	2.16	680.0	900	0.0	*9	27.0	42.0	14.0	7.50	0.00
GRAB N GO LUNCH	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
Chip, Variety	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Chocolate Non Fat	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Condiment Variety@\$\$%^+	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		708	56	1312	8.01	*2.97	*735.4	*2811	*47.45	*40	35.49	95.21	21.92	6.31	*0.00
% of Calories										*22.8%	20.1%	53.8%	27.9%	8.0%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Weighted Average		691	53	1091	8.14	*3.37	*651.7	*2765	*47.22	*39	35.01	94.86	20.40	6.02	*0.02
										*50.2%	20.3%	54.9%	26.6%	7.8%	*0.0%

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)							
Calories	691		600 - 700	100%											
Cholesterol (mg)	53														
Sodium (mg)	1091		1360												
Fiber (g)	8.14														
Iron (mg)	3.37				Missing										
Calcium (mg)	651.7				Missing										
Vitamin A (IU)	2765				Missing										
Sugars (g)	39	22.32%			Missing										
Vitamin C (mg)	47.22				Missing										
Protein (g)	35.01	20.28%													
Carbohydrate (g)	94.86	54.95%													
Total Fat (g)	20.40	26.58%	<=35.00%												
Saturated Fat (g)	6.02	7.85%	<10.00%												
Trans Fat ¹ (g)	0.02	0.02%			Missing										

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